

# Placentia-Yorba Linda Unified School District

## Elementary Lunch Menu

### October 2017

**-DAILY CHOICES-**  
**ENTRÉE SALAD -OR-**  
**BRUNCH-A-MUNCH**  
**SUNBUTTER SANDWICH W/**  
**STRING CHEESE & CRACKERS**



= PYLUSD RECIPE

**Prices & Ala Carte**  
 Student Lunch w/ Milk.....\$2.75  
 Adult Lunch.....\$3.75  
 Milk.....\$0.50  
 Capri Sun (100% Juice).....\$0.50

☑ = Meatless Entree  
 Ⓢ = Contains Pork

Entrée Salad of the Week	Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Ranch Salad w/Tortilla Chips	2 Bean & Cheese Burrito ☑ Nacho Doritos	3 Chicken Nuggets W/Seasoned Potatoes Wedges	4 Cheese Pizza Slice ☑ 	5 Nachos w/Seasoned Taco Meat & Refried Beans 	6 Teriyaki Chicken Over Brown Rice 
Asian Chicken Salad w/Crispy Noodles	9 Grilled Cheese w/Baked Chips Harvest Fruit Pie 	10 Cheeseburger Baked Beans	11 Chicken Soft Tacos w/ Seasoned Corn <b>Meal Benefits Expire</b> 	12 Pepperoni & Cheese Stuffed Sticks Ⓢ	13 <b>National Pasta Month</b> Chicken Alfredo w/Rotini Pasta Garlic Bread 
Chicken Caesar Salad & Croutons	16 <b>Breakfast for Lunch</b> French Toast Sticks- Beef Sausage 	17 Corn Dog w/Potatoes Wedges	18 Cheese Pizza Slice ☑ 	19 Chicken Tenders w/Seasoned Corn	20 Orange Chicken Over Brown Rice Fortune Cookie 
Chicken Ranch Salad w/Tortilla Chips	23 BBQ Rib Sandwich Baked Beans 	24 Pepperoni & Cheese Stuffed Sticks Ⓢ	25 Chili /Cheese Potato Wedges 	26 Double Dogs Scooby Graham Snack 	27 <b>National Pasta Month</b> Rotini Pasta w/Meat sauce Garlic Bread 
Asian Chicken Salad w/Crispy Noodles	30 Cheese Pizza Slice ☑ 	31 Halloween Nuggets w/ Potato "Fingers" Chillin Bat Icee Cup 	1 Chicken Patty Sandwich On a WG Bun Baked Cheetos	2 Creamy Mac -n-Cheese ☑ w/ Veggies 	3 Homestyle Beef Patty w/ Mashed Potatoes & Gravy Dinner Roll



**Meal Applications Are Required Annually**  
 If you have not completed a 2017-18 Meal Application or received a letter this year

**Your Meal Benefits may expire on October 11**



**GO GREEN**  
 Sign Up to Receive Monthly Menus  
 Direct to your inbox go to:  
[www.pylusdnutrition.org](http://www.pylusdnutrition.org)

All Meals are Served with choice of Fruit, Vegetable and Milk

*This institution is an equal opportunity provider—Menus Subject to Change*

# HEALTHY HALLOWEEN TREATS!

Alternatives to Candy!

## SOME TREATS YOU CAN SINK YOUR TEETH INTO!

- SPIN TOPS
- COUPONS
- PENCILS
- MINI-FRISBEES
- BRACELETS
- PLASTIC ANIMALS



- MAGNETS
- BARRETTES
- FIGURINES
- MAZE GAMES
- HAND GAMES
- NOTEPADS
- PARTY FAVORS
- CROSS WORD PUZZLES

- SLIDE PUZZLES
- WHISTLES
- PENCIL TOPPERS
- JEWELRY
- TRADING CARDS



- JUMP ROPES
- STICKERS
- PLAY TATTOOS
- RUBBER SNAKE
- BUBBLES
- MATCHBOX CARS
- CRAYONS
- PINWHEELS



- MASKS
- HAIR BOWS
- PENCIL SHARPENER
- PLAY MONEY
- ERASERS
- KAZOOS
- PUZZLES
- MARBLES
- TOOTHBRUSH
- KEY CHAINS
- SHOELACES

- COLORING BOOKS
- PADDLEBALL
- YO-YO'S



- NECKLACES
- SPIDER RINGS
- JACKS
- WATERGUNS
- RUBBER BALLS
- CHARMS
- PENS



- ANIMAL CRACKERS
- WRAPPED FRUIT
- PRETZELS
- FRUIT CUPS
- APPLESAUCE CUPS
- MINI BOX RAISINS
- PUDDING CUPS
- TRAIL MIX
- JUICE BOXES (100% fruit juice)
- GRANOLA BARS

For more information, call Shasta County Public Health (530) 245-6857 [www.shastapublichealth.net](http://www.shastapublichealth.net)

Please note that children under 6 years old are at higher risk of absorbing lead into their bodies, and may be exposed to lead from toys, jewelry, trinkets and candy that have been made in other countries and then imported into this country.

A message from the California Department of Public Health. This material was developed with funding from the National Food Stamp Program, U.S. Department of Agriculture.



## EVERY STUDENT HAS A PIN....

Even if you do not eat in the Cafeteria, YOU have your own cafeteria PIN. It is special for every student.

What is your Meal PIN?  
HINT: It is the same as your computer number.

(write your PIN here)

